

4th ISU Center of Excellence Oberstdorf – Pair Skating Seminar

29th of July – 03rd of August 2024



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General

After three successful seminars in 2021, 2022 and 2023, Oberstdorf will hold another ISU CoE Pairs seminar in summer 2024.

The seminar will focus on the technical development of advanced novice, junior and senior pairs, that are preparing for the next season with a focus on the details, levels of pair skating elements and training the competition programs.

The seminar will culminate in a monitoring event accompanied by International Judges and ISU technical specialists. Through this monitoring, the athletes and their coaches will receive useful feedback to take home with them as they continue their season's preparations.

The goal of the project is to optimally prepare the above mentioned pair teams for the upcoming season. In addition to technique training and skating skills, work is done on fine-tuning the competition programs and, in addition to the ice, dance training and specific athletic training are also carried out intensively.

The Head Coaches Bruno Massot, Robin Szolkowy, Rico Rex and Nicole Della Monica together with an international coaching team will help the pair teams to prepare on ice and off the ice properly for the upcoming season 2023/2024.

Date of Seminar

29th of July – 03rd of August 2024

(Arrival: 28th of July – Departure 4th of August)

Target Group

Advanced Novice, Junior and Senior Pairs

Please note:

The number of participating couples is limited to 16 couples. A maximum of 2 couples per nation, per seminar will be accepted.

Important:

Skaters are supervised only during trainings and the presence of a responsible adult outside these times is therefore mandatory.

Training location

Eissportzentrum Oberstdorf

Rossbichlstrasse 2 – 6

D-87561 Oberstdorf

Germany

The ice rink in Oberstdorf is world famous for many international stars who have enjoyed optimal training conditions here. The complex has 3 ice surfaces, a balletroom, a yoga room, several changing rooms and a restaurant under one roof.

The head coaches of the seminar will be the 2018 olympic and world champion in pairs Bruno Massot, five time world champion in pairs Robin Szolkowy, 7x italian champion and olympic participant in pairs Nicole Della Monica and former national pairs champion and olympic participant Rico Rex.

The team is completed by ice dance coach and choreographer Dr. Rostislav Sinicyn.

Off the ice Choreographer and Hip Hop Coach Deniz Doru will inspire the young athletes with challenging dance choreographies. Anna Dierking will work off-ice with the athletes on rebalancing the body for regenerative purposes.

The organization will take place at the ISU Centre of Excellence in Oberstdorf, by the ISU CoE Coordinators Ms. Maylin Wende and Mr. Daniel Wende.

Entries

REGISTRATION

The deadline for registration is June 28th, 2024.

Please send the attached application form to: CoE@eislaufr-union.de

Entry Fee:

- €100 per skater
- Coaches are free of charge

Please note that all registrations must be submitted with a billing address.

Post-registration, a single collective invoice will be issued per registration; we cannot accommodate requests for invoice splitting. It is imperative to include the invoice number when making the bank transfer, as this is essential for processing your payment.

The payment due date as indicated on the invoice is strict, with the final date for payment being **July 8th 2024**.

Additional fees will apply for any payments made on-site on the day the seminar commences.

Please send a copy of the bank transfer payment, with the invoice number clearly indicated, to coe@eislaufr-union.de.

The entry fee will not be refunded in case of withdrawals for any reason.

Travel & Accommodation

Skaters and Coaches will be responsible for all travel expenses, and for the living expenses from beginning till the end of the Seminar. Here you can find some contact addresses to book accommodation near the ice rink. Just choose the one you like the most.

Tourism Oberstdorf at Oberstdorf Haus

Website: [Hotel und Ferienwohnung in Oberstdorf im Allgäu](#)

Prinzregenten-Platz 1

87561 Oberstdorf / Germany

E-Mail: reservierung@oberstdorf.de

Phone: +49 8322 700 1305

Ferienwohnungen Blattner

Website: www.blattner-fewo.de

Bahnhofplatz 1b

87561 Oberstdorf

Mail: mail@blattner-fewo.de

Phone: +49 8322 940660

Hotel Kappelerhaus

Website: [3 Sterne Hotel garni mit Bergblick in Oberstdorf im Allgäu \(kappeler-haus.de\)](#)

Am Seeler 2

87561 Oberstdorf

Phone: + 49 8322 968 60

Participants should arrange to arrive on Sunday evening, 28th of July and depart on Sunday, 4th of August, 2024. In order to ensure high-quality and to be fair to others wishing to participate, capacity will be limited to 16 pair teams, but a waiting list will be created for those who cannot be accepted in the first instance.

CATERING

Lunch for athletes and coaches is served free of charge on the days of the seminar in the restaurant Zoran, which is located directly in the ice sports centre. Other meals can be taken in the same restaurant or in one of the restaurants in the immediate vicinity of the ice sports centre for a fee.

Moderators

Ice	Mr. Bruno Massot (GER) Mr. Robin Szolkowy (GER) Ms. Nicole Della Monica (ITA) Mr. Rico Rex (GER) Dr. Rostislav Sinicyn (CZE)
Athletics / Stretching	Ms. Anna Dierking (LUX)
Dance	Mr. Deniz Doru (GER)
Organisation on Site	Mr. Daniel Wende (GER) Ms. Maylin Wende (GER)

Further Informations

TRAVEL INFORMATION

Oberstdorf, located in the south of Germany, is easy to reach.

By plane

Airport Munich – official airport

Airport shuttle-train to Munich main station (follow the green signs to S1 or S8). The train needs 45 min. to reach Munich main station, where you need to change for train on platform 29 – 36 to the departure platform for Oberstdorf.

By train

Munich Main Station - official train station

Nearly every hour a train is running from Munich to Oberstdorf. Most of them are „direct trains“ without any necessary change. The time to calculate is app. 2 1/2 hours.

Other train connections are directly from the northern part of Germany to Oberstdorf via Ulm. The train ride leads you through the most beautiful area of southern Bavaria, stops in one of the oldest Roman settlements in Germany, Kempten, and brings you into Oberstdorf.

Train tickets are available at the Munich airport, Terminal 1, ground floor. The cheapest ticket is the so called "Bavarian ticket" for app. € 26,00 and covering 5 people.

By car

Munich to Oberstdorf

Motorway to Kempten either via Munich or Ulm.

Distances: Munich – Oberstdorf app. 180 km

Also easy to reach from Zürich (SUI) via St. Gallen, St. Margarethen, Bregenz.

If you have any organizational questions, please contact the Camps Organizers:

mail: CoE@eislaufrunion.de